



Girls Water Polo

Program & Summer Camp Information

Summer & School Year
2024-25

Thank You for your interest in our Girls Water Polo Aquatic program. The Aquatic program has three sports Boys' Water Polo, Girls Water Polo plus Boys & Girls Swimming and Diving. The Aquatics Program has become one of the most involved and most exciting sports programs at La Habra.

➤ **Girl's Summer Water Polo Program**

- * Parents meeting May 9th, 6:30pm, room 45 at La Habra HS
- * Summer Program Start Date = During June 17th ends on July 26th.
- * Will have some training plus several games (games during weeknights and weekends)
- * More information at Parent meeting!

The school year's schedule is as follows:

- **Fall is Boys' Water Polo season.** The Girls will share the pool with the Boys. Girls will focus on improving water polo skills and swimming proficiencies plus some off-season water polo games. (Start of school to Mid-November)
- **Winter is Girls' Water Polo Season.** Girls will have water polo competition and training. Daily Training Monday thru Friday. Training times will be announced. (Mid-November to first part of February)
- **Spring is both Girls and Boys Swimming & Diving Season.** The boys and girls water polo will have swim team training plus some off-season water polo games during the spring. (February to first of May)

Athletic Clearance: All athletes must be cleared to participate. Register for an account on athleticclearance.com and download the Physical Examination Form. Once the form is completed by a licensed physician, upload to athleticclearance.com

Hope to see you out for Aquatics this summer and fall.

Freshman Parents meeting on May 9th, room 45 LHHS

We will follow up with more information by E-mail after May 1st. To receive more information use scan the QR code below:



Be Part of One of the Largest Sports Teams at La Habra!